

March 1, 2012

To: Sterling Board of Selectmen

CC: Sterling COA Board

From: Karen Phillips, COA Director

Re: MySeniorCenter statistics through February 29

Statistics from **1/1/2012** to **02/29/2012**
Age: **60** and older

Category	Duplicated	Unduplicated	Over 60 Guest	Under 60 Guest
Community Education	62	29	0	0
Congregate Meals	508	55	0	1
Fitness/Exercise	192	38	0	0
Food	140	22	0	0
Health Screening	28	20	0	0
Information Sharing	170	53	4	2
Recreation	67	18	1	0
Social Event	635	57	0	0
Total Event Signins	1802	159	5	3

159 different people have used the Senior Center since January 1st and participated in 1802 different activities. If we include those 40 and older, the numbers increase to 1857 activities for 169 different people. (The month of February, which is normally very quiet, saw 914 different activities from 116 different people.)

The guests are people who come in for a question or an activity who are not expected to come again, so we do not add them into the computer system.

Grants:

The COA has applied for 4 grants at this time. We have received 2 – one to start the SALT program to work with the Police to protect seniors and one to get a GPS system for the van and do a survey of van ridership. We have not heard from the other 2 grants – one to get a touchscreen computer for senior usage and one to get pedometers to start a walking program.

Outreach:

The COA has recruited volunteers to assist with getting the program started. There is a lot of paperwork needed before heading out to people's houses and the volunteers are going to assist with getting the groundwork done.